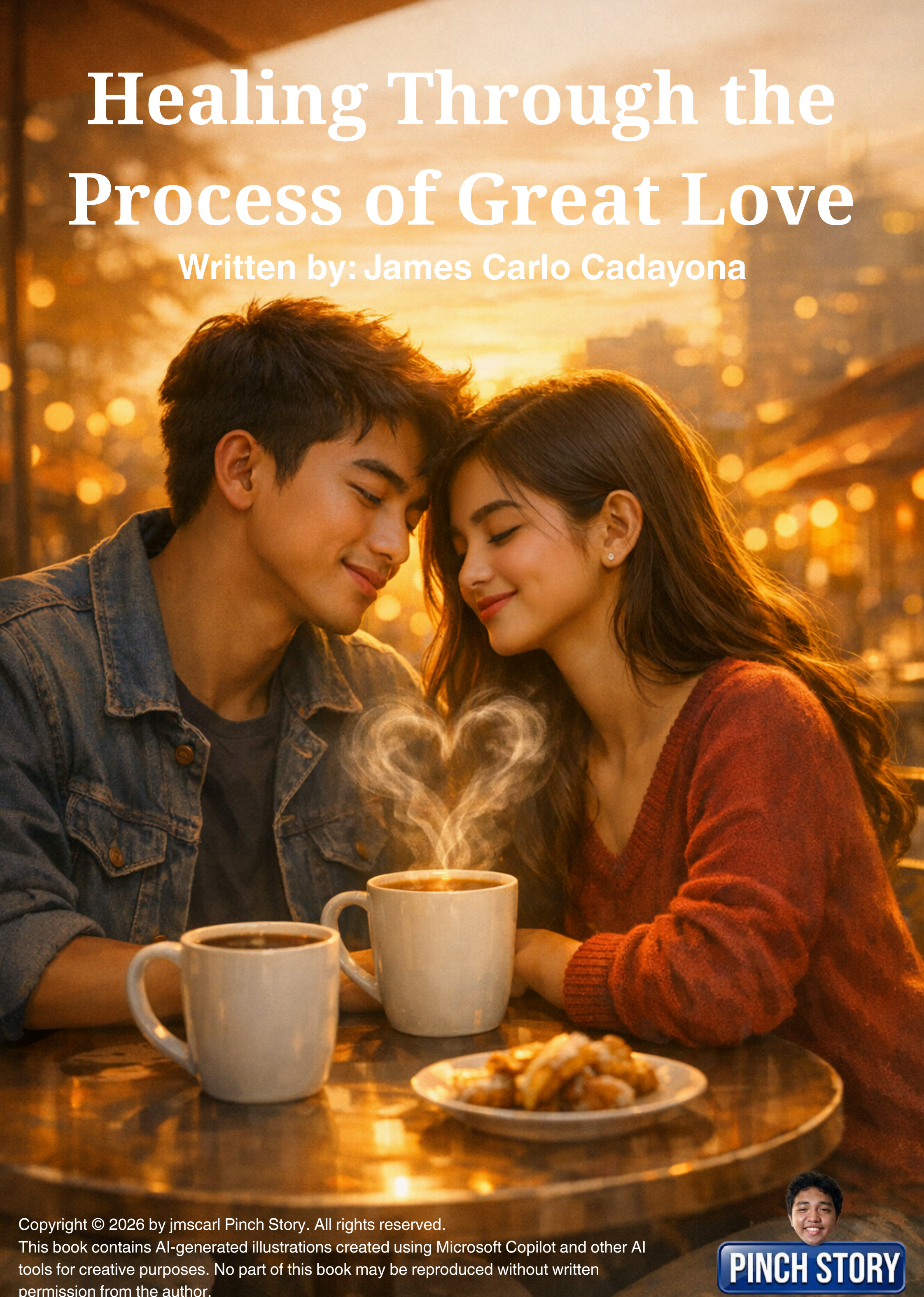
Healing Through the Process of Great Love

Written by: James Carlo Cadayona



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Thank you!

Thank you for reading **Healing Through the Process of Great Love**. Your support means a lot and helps continue the journey of storytelling and creation. This book was made with care, passion, and the hope that it inspires reflection, growth, and healing in every reader.

This book belongs to:

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Healing Through the Process of Great Love

A Story of Love, Choices, and Second Chances

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Dedication

This book is dedicated to all young readers who are learning the value of love, responsibility, and growth.

To those who have made mistakes, lost their way, and are still finding themselves—may this story remind you that it is never too late to change and begin again.

And to my family and friends who continue to support my journey in writing, thank you for being part of my inspiration.

The Pinch Story was founded on March 20, 2026, by James Carlo Cadayona. It originally began as a simple novel concept focused on storytelling and character development, but over time it evolved into a children’s story series centered on imagination, friendship, and everyday life lessons for young readers. This transformation allowed the project to shift from a traditional narrative approach into a more creative and accessible form of storytelling.

As the project developed, the Pinch Story expanded beyond its original format and moved toward children’s literature, with a strong focus on clarity, simplicity, and visual storytelling. This shift was made to ensure that the stories could be easily understood by early readers while still delivering meaningful themes and emotional depth. Through this approach, the Pinch Story became more engaging for children by combining relatable experiences with imaginative settings and characters.

Today, the Pinch Story continues to grow as an evolving literary project that explores multiple forms of children’s content, including picture books, short story collections, educational storytelling, and whimsical illustrated narratives. Each version is carefully developed to balance simple language with creative visuals, making reading both enjoyable and accessible for young audiences.

Luis and Alma sat outside a quiet café in the city. The afternoon air was warm, and the steam rising from their coffee seemed to form a soft heart shape between them.

Luis was a university student who still depended on the allowance sent by his parents and grandparents, who supported his education and future.

Alma, his first love, invited him on a Valentine’s coffee date. It was a simple moment, but it felt special to both of them. They shared coffee and cake while laughing softly, remembering how their story first began at the same café.

That night, their conversations continued through phone calls and messages, stretching late into the evening. Slowly, Luis began to lose focus on his studies. His time and attention shifted more toward his relationship than his responsibilities.

“Our studies can still be balanced,” Alma told him gently, hoping he would listen and stay focused on his future. But Luis ignored her advice. Even when his mother called to check on him, he avoided responsibility and hung up the phone.

The university continued calling him, reminding him to enroll and continue his studies, but he kept avoiding them.

Alma grew worried and told him, “If you don’t enroll, I can’t continue this relationship.”

Instead of being honest, Luis chose to lie—telling both Alma and his parents that he was already enrolled.

Eventually, the truth started to fall apart. Alma discovered the situation and quietly ended their relationship, feeling betrayed and hurt.

At the same time, Luis struggled at school. Bullies at the university made his life difficult, and he lived in fear of facing them again.

A false accusation led to a serious misunderstanding, and despite his explanation, Luis was suspended for 90 days. During this time, he also faced financial struggles and disappointment from his parents, who were hurt by his choices and behavior.

In his lowest moment, Luis reflected deeply. With support from his friends and family, he chose to change. He returned to the university, rebuilt his discipline, and learned that real love must be balanced with responsibility, honesty, and personal growth.

ABOUT THE AUTHOR

James Carlo Hilla Cadayona, known by his pen name J. C. Cadayona, was born on December 4, 2007, in Purok 5, Maquilao, Tangub City, Misamis Occidental, Philippines. He is a Filipino high school graduate and emerging writer whose works reflect personal experiences and observations of everyday life within his community.

He balances personal growth and creative pursuits with a strong passion for literature and storytelling. His writing spans various genres, including values education, fiction, nonfiction, horror, tragedy, and comedy, allowing him to explore human emotions, cultural perspectives, and social realities. Many of his stories are inspired by real-life situations, which he transforms into narratives that highlight meaningful lessons and reflections.

He is also the creator of the Pinch Story, a developing children’s literature project that focuses on imagination, friendship, and simple life lessons through accessible storytelling and visual creativity. His inspiration comes from e-book writers and studies related to human behavior and culture, shaping his approach to storytelling with a focus on relatable experiences. Although still at an early stage in his literary journey, he continues to develop his craft through consistent writing and creative exploration, aiming to produce stories that connect with readers and reflect shared human experiences.

A story of love, choices, and consequences. Luis and Alma fall deeply in love, but when priorities clash and mistakes are made, their relationship begins to break. As lies grow and challenges rise, Luis must face the reality of his actions. In the end, he discovers that true healing comes from responsibility, growth, and learning to start again.

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